

# REMOTE VIEWING

Remote Viewing is the psychic ability to project your perception, your view-seeing, from where you currently are, to different locality. This different locality can be in your or a past time line, in your or a future time line, and or in this present “now”.

Roger Armstrong  
[www.WasAPsychicChild.com](http://www.WasAPsychicChild.com)

Remote Viewing is the ability to project your vision to another locality, in the “Past”, in the present “Now” and in the “Future”.

[This can also be done within the Out-Of-Body-Projection or Astrol Projection modality]

There are two basic ways to RV.

- 1) as an observer, and
- 2) as a participant.

As an observer you are not susceptible to the trama that could take place.

Viewing as a “participant”, into one of my past lives, I was in the process of being hung as a thief. In another “participant viewing”, into one of my past lives, I was dying during child birth. That convinced me to develop a “viewer” approach.

With your enhanced ability to focus, using the SQ/sq; Remote Viewing will be easy; just a matter of establishing an intention to open a portal window to the Past, Future and the present Now and to view the inter dimension as well as the outer dimension of event or objecfts through a sustained focus.

Once you practice several times with the Visual Aid, you can develop a Viewing Portal, any time, on your own. As part of my art program K-12, I taught the students 4<sup>th</sup> grade through 12<sup>th</sup> grade to RV. We RV'd into paintings in museums, and moved about inside the paintings, seeing the intent of the Artist in each brush stroke, each application of color. (And seeing the view the artist saw, which was often different than what the artist painted.)

We did an RV into an object: like an orange as an “object viewer” to see the structure

and then became a participant with the orange, to “feel” it’s “Orange-ness Persona” as part of “us”. We did this into other organic beings, as an artists tool, so we could draw more than just it’s “skin”. We did “participating” RV into the muscle system of a live model so we could feel the muscular tension of the pose.

A friend of mine is an Electrical Engineer. He RV’s into electronics as a “viewer” so he can “see” what elements are causing the malfunction. If they are “electronically fixable” he changes his view to that of a participant, and he will make the electronic correction while Viewing.

One more story. I added the (rv) as the indication of the application of Remote Viewing.

I had been working with a 12 year old lad in the UK., who was developing his focus using the SQ/sq. Robert was playing cards with his Auntie. And she would draw a card from the face-down deck between them and discarded that card. It was obvious to him she was looking for one card so she would win. He said: “I closed my eyes and looked (rv) at her hand. She needed one card, an 8 of clubs. I looked (rv) at the top card of the (face-down) pack and saw it was a 6 of diamonds. I closed my eyes again and pictured that card to be a 8 of clubs.” When Auntie drew the card it was the 8 of clubs. She was so pleased she took me out for an “ice”. “Roger”, he asked “Was that all right to do?” “Of course” I said, “we have these abilities to help other people. I am so proud of you Robert that you helped her win rather than helping yourself win”.

With your experience with focusing with the SQ/sq this next Visual Aid will be very easy for you to use.

Make a Vision Board with a piece of card board about 14 inches wide , and 20 inches long. Make it larger if you want. That would be 36mm X 51 mm in metric measure. Put a piece of Fake Granite Self stick shelf paper, (or any soft random pattern). Hold the board at arms length. Slowly bring it closer to your eyes. About 10 to 12 inches from your eyes a round portal will open up and you will see the location of your intention. When you want to return, just say “return”.

You will feel a sense of detachment during this form of RV; that will allow you to use other abilities when in the RV mode. A number of my friends that RV on a regular basis, like the RV board for it’s quick easy focus. The board also allows you to use it like a camera, moving it about to see more of where or when you are.

To get “clues” look at your clothing, shoes and hands and the people around you.

Look at the architecture to give you a sense of time era.

With practice you will be able to look and focus on anything and open a portal to your intention.

Once I was involved in a court case and I was not allowed to be in the court room to hear any of the testimony . Waiting in the “Marble Faced Hallway” it was easy to use the marble pattern to open a portal in the wall to hear and view the proceedings.

To RV the inside of the orange you open up a portal in it, so you can, with practice “become”, “participate” as/with the orange, to feel its being.

To “vision” the inside of a painting or drawing. Stand 4 to 8 feet away from the art. Focus on a spot in the middle of the painting. Move slowly toward the painting and about 24" to 18" from the painting it will open up and you can enter it and move about. The interesting about viewing paintings from the inside, you can feel the artists emotional and logical intention that is each brush stroke. I met a doctor who uses RV to view the interior of his patients to aid in his diagnosis.

The viewing a Landscape painting is interesting because you are in two time lines simultaneously. You not only can see what the artist saw, but you also can see what is going on in that scene “Now”.

The 4<sup>th</sup> 5<sup>th</sup> 6<sup>th</sup> grade art students I was teaching and I went on a field trip to the Detroit Museum of Art, and these trips were our most favorite things to do. We went there for every new exhibition, and the guards would be waiting for us with RV into-painting suggestions. In previous visits the students had taught them how to RV into the paintings. The students and I had developed a list of 13 questions pertaining to what we saw with in the painting as we wandered through it touching strokes of color to hear/feel the intention of the artist. The name of the painting and the artist headed the individual page for each viewing. Since we shared telepathic contact back in the art room, there was no “sharing”, even those close friends that “went-in” together, until we reviewed our comment sheets back at school . The review was very interesting to all of us, to see and then share the differences we learned about. I had my comment sheets to fill out too. As I wandered through the galleries I saw where the students had lined up in front of one of the impressionists paintings of a 18th century picnic. Voluptuous, naked women on the laps of clothed men wearing top hats. They would View for a minute, and then run to the end of the line to view again. When they saw me they scattered. I stopped one of them and asked what is going on. “Oh, Mr. A, off the right side there is a couple “doing it”, in several different ways.” I went and viewed into the painting. Off to the right, almost hidden by some bushes there was a couple getting dressed. The interesting

thing to me about this painting was they were in clothing from this period of time (1958), not the 18<sup>th</sup> century. In the background 1950's automobiles were moving down the street. Once into the painting, it was soon realized that the people "having the champagne picnic" in the painting were painted separately in the artists studio, and at different times for the women and the men. I passed the word that the Picnic should be written up too. How many time lines could they see in it. Back in the class room we discussed the implications of what I saw. Several said they saw the cars but didn't know they were different from the time of that painting. The idea of seeing two or three realities was very interesting to all, and we would give more attention to this probability in other visits.

When you want to come back out of a painting, just say "Return". And you will.

During the "Viewing " you are in an altered State of Awareness. It would be dangerous to do while operating any machinery or when driving a vehicle .

RV is easily combined with other abilities. Your intentions can be "fluid".

An interesting example of combining other abilities with RV.

I was 5 years old that summer on Grandpa's dairy farm, when Grandpa asked me to help him deliver "Annie's" calf. "Annie" was one of my favorite cows and was starting to birth. Things were not going well for "Annie" and Grandpa saw that it was going to be a difficult birthing, possibly losing "Annie" and the calf.

I was able to use RV and telepathy to show Grandpa that the calf had its front legs positioned over its head, and that they were past the birthing passage way. Still sharing the view telepathically, and with a bit of my telekinesis to help correct the incorrect positioning of the calf while "Annie" was birthing. Grandpa reached inside "Annie" while I reassured her and explained that the calf needed to be turned to be "like this". With the three of us communicating with Grandpa, the calf, Annie and me. I was sharing the RV pictures by telepathy showing the progress to everyone; and my helping grandpa with the turning of the calf with my ability, we were able to position the calf correctly. We were able to start the calves legs into the birthing canal and Grandpa was able to hold the calves feet apart with one hand, while I positioned the head of the calf with telekinic intention between them. Once the head was entered into the birthing canal; "Annie" was able to continue birthing in the normal manner and the calf was just fine. It was a very emotional time for the four of us. Grandpa named the little bull calf "Guardian" in honor of my Astral teachers.

I will end this with two psychic abilities "mantras" : Strong gentle detached Focus + clear intent = creative action. And the Buddhist mantra from 20,000 B.C.:

I can do because I believe.

I believe because I can do.

Roger Armstrong